

What is earwax and why might you need to remove it?

Earwax or cerumen is a yellowish-brown wax-like substance produced by glands in the ear canal to help lubricate, protect and clean the ear canal. Normally the wax and any trapped particles will move along the ear, to the opening of the ear where it is expelled.

However, sometimes wax can build and harden in the ear canal, causing problems such as pain, dizziness, tinnitus, loss of hearing and may contribute to infection.

Who may be affected?

Earwax build up can affect anyone, however, it can be more frequent in young children where the glands may be overactive, and older people as earwax production slows down and tends to produce drier wax.

The effects of earwax build up may also be greater for water sports enthusiasts, since, water remaining in the ear canal can swell the earwax more than usual.

Removal of earwax is particularly important for hearing aid users, to ensure their hearing aids continue to perform correctly.

How does Earex Advance work?

Earex Advance contains glycerin to gently soften the wax, and urea peroxide, which releases oxygen to break up the hardened earwax deposits.

It also contains chamomile glycolic extract, purified water, propylene glycol, sodium lauroyl sarcosinate, trisodium citrate and citric acid.

When should you not use Earex Advance?

Do not use **Earex Advance** if:

- your ear drum has been damaged or perforated, you have an infection or any problems with your ears (eczema, itching sensation, dermatitis and any other local cutaneous problem).
- you are sensitive to any ingredients listed above.

How to use Earex Advance

- Tilt your head on one side and squeeze the bottle to drop 3-6 drops of **Earex Advance** in the auditory canal.

handkerchief keep **Earex Advance** in your ear for a few minutes (do not exceed 10 minutes).

- Gently remove the liquid coming out of the auditory canal and rinse gently with lukewarm water to remove the earwax remaining.
- Repeat once or twice daily for the removal of earwax, or once a week to help prevent the earwax build up.
- Treatment usually takes 3-6 days, after which an improvement should be noticed.

As the earwax begins to soften, before it is removed, it can begin to swell slightly, which might give you a feeling of fullness in the ear, temporarily affect hearing and occasionally can cause slight dizziness or affect balance.

A temporary burning sensation may occur.

Should these symptoms persist or worsen, or you experience any other side effects or burning, stop using **Earex Advance** and seek advice from your doctor or pharmacist.

Remember

- **Earex Advance** should only be used in the ear.
- Avoid contact with the eyes; in case of accidental contact, rinse thoroughly with clean water and consult a physician.
- Do not swallow **Earex Advance**
- Do not use this product after the expiry date printed on the bottle and carton.
- Do not use if the seal on the bottle is broken before first opening.
- Use the contents of the bottle within 30 days of first opening.
- Suitable for children aged 2 years upwards.

How to store Earex Advance

- Keep the bottle tightly closed in its original packaging with its leaflet.
- Do not store above 25°C and avoid exposure to direct light.
- Keep out of reach and sight of children.

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